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Erasmus+ Programme  
of the European Union



# You(th)r goals

**02-10 May 2022**  
**Recoaro Terme**  
**Italy**

**Training course on  
exploring the  
renewed EU Youth  
Strategy "Engaging,  
Connecting and  
Empowering" young  
people and inventing  
tools and local and  
European youth  
projects based on its  
youth goals for the  
sake of young  
people with fewer  
opportunities**

*Dear participants,*

*Thank you and welcome to the TC “You(th)r goals” in Recoaro Terme (VI), ITALY.*

*In here you will find all the information you need about how to reach us and how to fully enjoy this experience and make the most out of it.*

*If, after seeing this document, you still have questions please don't hesitate to contact us.*

*We ask you to stay in touch with us and let us know when you will arrive.*

*Best wishes and see you soon,*

## TRAINERS

**Mara Arvai**

**Endre Kiss**

## FACILITATOR AND CONTACT PERSON:

**Alessandra Dal Pozzolo**

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*The overall aim of the training course is to gain deeper knowledge on European Youth Strategy as main direction of youth work between 2019 and 2027 in local and European level. Experienced youth workers, trainers and project managers share their point of views, experiences and practices concerning the Strategy and its objectives and youth goals. Inventing tools and projects based on the needs of their target groups along the Strategy.*

## THEMES OF THE TRAINING COURSE:


★ The renewed EU Youth Strategy “**Engaging, Connecting and Empowering young people**” proposed by the European Commission for 2019 – 2027 and its challenges and good practice.

★ **Inventing youth projects in local and European level** based on the 3 objectives of the Strategy such as Engage, Connect and Empower young people and its 11 youth goals such as

1. Connecting EU with youth
2. Equality of all genders
3. Inclusive societies
4. Information and constructive dialogue
5. Mental health and wellbeing
6. Moving rural youth forward
7. Quality employment for all
8. Quality learning
9. Space and participation for all
10. Sustainable green Europe;
11. Youth organisations and European programmes.

★ Exploring Erasmus+ programme and European Solidarity Corps as tools for **implementing objectives and youth goals of the Strategy**.

# PARTNERS

 **3** Italy - Cooperativa Sociale Studio Progetto

 **2** Bulgaria - The Starry Start of Talents Foundation

 **2** Czech Rep - European Youth Centre Břeclav z. s.

 **2** France - CID - Centre interculturel du développement

 **2** Greece - Greek Youth Mobility- GYM

 **4** Hungary - YOPA

 **2** Lithuania - Unique projects

 **3** Poland - Fundacja Centrum Aktywności Twórczej

 **2** Portugal - Geoclube –  
Associação Juvenil de Ciência, Natureza e Aventura

 **2** Romania - Asociația Scout Society

 **2** Slovakia - SYTEV  
Slovak Youth for Traveling, Education and Volunteering

 **2** Spain - Asociación SOMOS EUROPA

## WHO CAN PARTICIPATE IN THE TRAINING COURSE

- ★ Above 18 and no upper age limit
- ★ Youth workers, trainers, project managers directly working with young people, having experience of working with different European youth projects as Erasmus+ programme
- ★ Ready to take part in the whole seminar and take facilitator role for certain workshop
- ★ Be able to communicate in English

## FINANCIAL CONDITIONS

- ★ The food and accommodation will be provided and paid by the organizers.
- ★ Travels costs will be counted based on the distance calculator of the European Commission and reimbursed by bank transfer after the course (in Euros €).
- ★ Participation fee is 30 euros.

## REIMBURSEMENT

- ★ Travel reimbursement will be up to 275€

This applies to all countries except Italy

To get your reimbursement **PLEASE KEEP ALL YOUR TRAVEL DOCUMENTS** including boarding passes and ticket receipts where the price and date is shown.

Reimbursement will be done within 2 months after we have received all the original tickets by post and you all have filled out the Mobility Tool survey.

The details of the reimbursement process will be discussed during the training course.

The reimbursement will be paid **ONLY** by bank transfer after receiving all the original tickets.

**From 1 March**, the Italian Government established the same rules for arrivals to Italy from all non-European countries as those already in force for European countries.

For entry to the national territory, one of the conditions of the **Green Pass** will be sufficient:

**certificate of vaccination**

**certificate of recovery**

**negative test result**

By the way, as the **restrictions are constantly changing**, we cannot tell what's going on by the time of our training Course.

**Please check carefully the rules for your country** and the newest updates here:

<https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto>

All travelers arriving in Italy must fill in the **Digital Passenger Locator Form** before entering Italy at this link: <https://app.euplf.eu/>

The **address of your temporary accommodation** in Italy is:

**HOTEL TRETTENERO**

Via Vittorio Emanuele, 16

36076 Recoaro Terme

(VI), Italia

The **International Meeting will take place in Recoaro Terme**, a town and comune in the **province of Vicenza, Veneto**, in the northern of Italy, that is known for his mineral spring waters.

**Following, you will find all the information on how to arrive in Recoaro from all the nearest airports.**

**We recommend you to buy all the tickets you need, especially the train ones, online before the arrival.**

Let's make it simple and divide your trip in **3 fundamental steps**:

- **Get to Vicenza train station from the airport,**
- **Get to Recoaro's bus station from Vicenza,**
- **And finally get to the Hotel Trettenero from Recoaro's bus station.**

**The nearest airports** are (send us the options you find, in order we can tell you if it is manageable to reach the venue):

**Verona** [www.aeroporto.verona.it/passeggeri\\_t5](http://www.aeroporto.verona.it/passeggeri_t5)

**Venice** [www.veniceairport.it](http://www.veniceairport.it)

**Venice-Treviso** [www.trevisoairport.it](http://www.trevisoairport.it)

**A bit farther but still fine** (your flight should land not after 16.00/17.00):

**Milano-Bergamo** [www.sacbo.it/Airpor/portalProcess.jsp](http://www.sacbo.it/Airpor/portalProcess.jsp)

**Milano-Malpensa** [www.milanomalpensa-airport.com/it](http://www.milanomalpensa-airport.com/it)

**Milano-Linate** [www.milanolinate-airport.com/it](http://www.milanolinate-airport.com/it)

**Bologna** [www.bologna-airport.it/en](http://www.bologna-airport.it/en)

## FROM VERONA

**YOU CAN TAKE THE BUS FROM THE AIRPORT TO VERONA PORTA NUOVA (train station).**

**There is a bus every 6 min and it costs around 6€.**

Once you have arrived in Verona porta Nuova you have to **take the train for Vicenza.**

There is a train every 30 min.

You can **buy you ticket and check the timeline** here: <http://www.trenitalia.com>

**You could also take a direct transfer**, keep in mind it is more expensive.

<https://www.shuttledirect.com/en/transfer/vrn/it-vicenza.html>

## FROM VENICE

**FROM VENICE AIRPORT YOU HAVE TO TAKE THE BUS TO THE TRAIN STATION OF VENEZIA – MESTRE:**

<http://www.atvo.it/index.php?>

[lingua=en&area=menustandard&idpadre=23&idmenu=35](http://www.atvo.it/index.php?lingua=en&area=menustandard&idpadre=23&idmenu=35)

**here you have the timetable:**

[https://www.atvo.it/allegati/aeroporti/linea\\_35\\_b -](https://www.atvo.it/allegati/aeroporti/linea_35_b_-_dal_13.09_al_2.10.2021.pdf)

[\\_dal\\_13.09\\_al\\_2.10.2021.pdf](https://www.atvo.it/allegati/aeroporti/linea_35_b_-_dal_13.09_al_2.10.2021.pdf)

**The ticket costs €8 (€ 15 round trip).** You can buy it online (you can have a discount but only if you buy more than one ticket), or in the automatic ticket machine/ticket office in the airport.

**Then you will take a train from Venezia-Mestre to Vicenza.**

There are trains from Mestre to Vicenza very often, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The website is: <http://www.trenitalia.com>

Prices go from 4,75€ up to 9,00€... The regional trains are cheaper than Frecciabianca, and it takes about 30 minutes more.



## FROM TREVISO “CANOVA” AIRPORT

### Option 1 (Cheaper and faster!!)

From TREVISO airport you have to take the bus N.6 to the train station Treviso Centrale.

Bus stop is in Via Noalese, to the right of the airport exit.

Tickets are available at the airport / train station (€ 1,20)

or in bus (€ 2,50, the driver is not obliged to give change). Bus stops are in front of the airport and train station.

Here is the timetable

<http://www.mobilitadimarca.it/en/p/routes-and-timetables/treviso-airport>

**Then you will take a train from Treviso Centrale to Vicenza.**

There are trains from Treviso Centrale to Vicenza very often, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The website is: <https://www.trenitalia.com/en.html>

### Option 2

From TREVISO airport you have to take the bus to the train station of Venezia-Mestre :

[http://www.atvo.it/index.php?lang=en&area=23&menuid=36&view\\_pc#](http://www.atvo.it/index.php?lang=en&area=23&menuid=36&view_pc#)

here you have the timetable

[https://www.atvo.it/allegati/aeroporti/aereoporto\\_di\\_treviso\\_\(tv-ve\)\\_dal\\_1.09\\_al\\_30.09.21.pdf](https://www.atvo.it/allegati/aeroporti/aereoporto_di_treviso_(tv-ve)_dal_1.09_al_30.09.21.pdf)

The ticket costs 12€ one way (return ticket 22€ with 10 days validity).

You can buy it online, (they say that you have a discount but it is not true... it costs the same also in the automatic ticket machine), or on board Ryanair flights or in the automatic ticket machine/ticket office in the airport.

**Then you will take a train from Venezia-Mestre to Vicenza.**

There are trains from Mestre to Vicenza very often, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <http://www.trenitalia.com/>

Prices go from 4,75€ up to 9,00€... The regional trains are cheaper than Frecciabianca, and it takes about 30 minutes more.

## FROM BERGAMO

**From Milano-Bergamo (Orio al Serio airport) you have to take the bus „Orio shuttle“ to Milano Centrale (railway station).**

The bus leave from Arrivals, Platform 2 every half an hour and it takes about 50 minutes to arrive in the Milano Centrale train Station.

The ticket costs 10€.

**You can check the timetable** and you can also buy it online at this website [http://www.orioshuttle.com/\\_eng/](http://www.orioshuttle.com/_eng/) choose the yellow one (number 1) „Orio al Serio > Milan Central Station“

**Then you will take a train from Milano to Vicenza.**

There are trains from Milano to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <http://www.trenitalia.com/>

Prices go from 15,90€ up to 32,00€... The regional trains are cheaper than Frecciabianca, but sometimes you can find special offers also for Frecciabianca tickets.

**Another option is to buy a FLIXBUS ticket. .**

All FlixBus buses are equipped with free Wi-Fi and power outlets.

You can check the tickets in here: <https://www.flixbus.it/>

## FROM MILANO MALPENSA

**From Malpensa airport you have to take the Malpensa express, the train goes to Milano Centrale (railway station) 20 times every days.**

The ticket costs 13€ one way (return ticket 20€ with 30 days validity).

You can check the timetable and you can also buy it on line at this website

<http://www.malpensaexpress.it/en/>

choose „on-line ticket“ from „Milano Aeroporto“ to „Milano Centrale“.

**Then you will take a train from Milano to Vicenza.**

There are trains from Milano to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <http://www.trenitalia.com/>

Prices go from 14,30€ up to 28,00€...

The regional trains are cheaper than

Frecciabianca, but sometimes you can find special offers also for Frecciabianca tickets.

**Another option is to buy a FLIXBUS ticket. .**

All FlixBus buses are equipped with free Wi-Fi and power outlets.

You can check the tickets in here: <https://www.flixbus.it/>

## FROM MILANO LINATE

**From Milano Linate you have 2 options to get to Milano Centrale:**

**You can buy a “Terravision” bus ticket** here that will take you from the airport to Milano Centrale ((railway station). The price is 10€ and it takes about 50 minutes.

[https://www.omio.com/search-](https://www.omio.com/search-frontend/results/EF523E7D03912499FB618F4B8BF7DA4A8/bus?locale=en)

[frontend/results/EF523E7D03912499FB618F4B8BF7DA4A8/bus?locale=en](https://www.omio.com/search-frontend/results/EF523E7D03912499FB618F4B8BF7DA4A8/bus?locale=en)

**You can also take a bus from the airport to Milano Lambrate**, that passes every 2 hrs, and from there take a metro (Lambrate Fs) to Milano Centrale (Centrale Fs) that passes every 5 min. The price is about 10€.

**Once you have arrived at the railway station you have to take the train to Vicenza.**

There are trains from Milano to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you. The site is: <http://www.trenitalia.com/>

Prices go from 14,30€ up to 28,00€... The regional trains are cheaper than Frecciabianca, but sometimes you can find special offers also for Frecciabianca tickets.

## FROM BOLOGNA

**From Bologna airport you have to take the bus “BLQ line” to Bologna Central train station.**

Aerobus tickets can be purchased on board. One way Aerobus ticket from/to Airport is € 6,00. The bus takes about 20 minutes to arrive at the train Station. You can check the timetable on line at this website (2nd page, Aeroporto - Bologna Stazione Centrale

[http://www.tper.it/sites/tper.it/files/ORARI/tper\\_Bo040.pdf](http://www.tper.it/sites/tper.it/files/ORARI/tper_Bo040.pdf)

**Then you will take a train from Bologna to Vicenza.**

There are trains from Bologna to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you. The site is: <http://www.trenitalia.com>

Prices go from 13,05€ up to 29,00€... The regional trains are cheaper than Freccia trains, but sometimes you can find special offers also for Freccia tickets.

## WHAT TO DO ONCE YOU ARE IN VICENZA

**Once you're in Vicenza's train station, you've to take a bus to Recoaro.** You have to walk out the station and go to the left and walk about 150m to reach the bus station.

**You can buy the ticket at the ticket's office or in the tabaccheria inside** (a small shop with a lot of things!). To ask for the ticket you can try to ask it in Italian saying "Vorrei un biglietto per Recoaro per favore", or just use English, they usually get it.

**The bus that you are going to take is Linea 1 to Valdagno/Recoaro Terme and will leave from box 5.**

The bus leaves almost every half hour, and takes less than ,1,5 hour to arrive in Recoaro.

Here you can check the timetable: <http://www.svt.vi.it/orari-percorsi/ricerca-orari-percorsi>

You could also download this app and buy your ticket here:

<https://www.mycicero.it/downloadApp/index.html>

Or create an account in the website:

<https://www.mycicero.it/signIn/mycicero/Registrazione/RegistrazioneMyCicero>

## HOW TO ARRIVE IN RECOARO TERME

Once you are already on board, **after 1hour you should be in Valdagno, that means that you are getting closer to Recoaro (15min no much more), so keep your eyes open.**



Valdagno Bus Station



Recoaro Bus Station



# HOW TO GET TO THE HOTEL

The hotel is located on the same street (Via Roma) as the bus stop, so just walk around 500m straight ahead and you will find a passage on the right side that will take you to Hotel Trettenero.



WELCOME!



## WHAT TO BRING WITH YOU?

- **Your passport or ID card**
- **Your European Health Insurance Card**, if you have it, or other health insurance;
- **Your Green Pass** (or proof of vaccination)
- **Surgical Masks** (we won't provide them). **In Italy it is still compulsory to wear masks indoor.**
- **Medicines - if you need them** (anti-allergy pills, pain killers, aspirin etc.)
- **A personal bottle for water**
- **All your travel tickets** (if you want the reimbursement; for what concerns the flight ticket, remember to **keep the boarding pass** "A boarding pass is a document provided by an airline during check-in, giving a passenger permission to board the airplane for a particular flight. As a minimum, it identifies the passenger, the flight number, and the date and scheduled time for departure. In some cases, flyers can check in online and print the boarding passes themselves");
- **Comfortable warm clothes and gym or trekking shoes.** We will certainly go in the mountains for walks and activities in the woods, be prepared for that!
- **National snacks, drinks, easy food, specialties for intercultural evening;**
- **Other stuff you might need** (camera/film, toilet things, etc.)

## ATTENTION!

We need to know in time if you have **particular necessities regarding food** (vegetarian/vegan) and allergies.

Please, let us know by **filling in this registration form**:

<https://forms.gle/e2oaNMuDPKtfzCzE6>

As soon as you have the exact timetable of your trip please inform us at the following e-mail address in order to manage your welcome!

[progettazione@studioprogetto.org](mailto:progettazione@studioprogetto.org)

**Contact person:**

**Alessandra Dal Pozzolo +39335329542**

*Can't wait to welcome you to Recoaro!*